#readyLMU

EMERGENCY PREPAREDNESS CHECKLIST

**IMPORTANT DOCUMENTS**
- Copies of driver’s license, birth certificate, social security card, and passport
- Insurance cards (health, homeowner’s, renter’s, vehicle, etc.)
- Bank/credit card contact information and account numbers
- Contact information for doctors and dentists
- Family emergency contact information

**FIRST AID KIT**
- Bandages, gauze, wipes, sling, etc.
- Rubber gloves
- Over-the-counter pain medication

**TOOLS & SUPPLIES**
- Cash (small bills)
- AM/FM radio (battery-operated or hand-crank)
- Flashlight and extra batteries
- Power cords, solar charger, car charger/inverter
- Whistle
- 12" or larger adjustable crescent wrench for turning off gas
- Dust mask
- Matches
- Mylar blanket for each person
- Moist towelettes
- Toilet paper and extra plastic bags for waste
- Sunscreen
- Paper and pencil
- Feminine products

**WATER & FOOD**
- Water (1 gallon/person/day - 3 to 7 day supply)
- Non-perishable, high protein food
- Manual can opener (if storing canned goods)

**MEDICAL CONDITIONS**
- Prescribed medication (3 to 7 day supply)
- Copies of prescriptions and list of when you need to take them
- Adaptive equipment and/or body system support equipment
- Instructions on how to operate any special medical equipment

**BABIES & CHILDREN**
- Formula and bottles
- Diapers and wipes
- Vaccination records

**PETS**
- Identification tags
- Proof of ownership and vaccination records
- Extra food and supplies